

Hartford Public Schools' Elementary Menu February 2010

Daily Alternates	Monday	Tuesday	Wednesday	Thursday	Friday
We serve healthy choices and whole grains daily			Hartford Schools' menu is Pork Free		
Bagel/Yogurt Plate OR Chef Salad OR Turkey Sandwich Black History Month	1 Silician Cheese Pizza Fruit Juice Choice of Fruit Low Fat Milk Scooby Doo Treat	2 BBQ Chicken Nuggets Rice Glazed Carrots Choice of Fruit Low Fat Milk Ground Hog Day	3 Meatloaf Mashed Potatoes/Gravy Green Peas Dinner Roll Choice of Fruit Low Fat Milk Elmo's Birthday	4 Tacos with Loco Bread Lettuce and Tomato Choice of Fruit Low Fat Milk Assorted Treats	5 Jamaican Beef Patty or Chicken Nuggets Coco Bread Corn Choice of Fruit Low Fat Milk Wear Red Day – Take care of your Heart
Bagel/Yogurt Plate OR Chef Salad OR Tuna Sandwich	8 French Toast Sticks Turkey Sausage Syrup Fruit Juice Choice of Fruit Low Fat Milk	9 Salisbury Steak Mashed Potatoes/Gravy Green Beans Dinner Roll Choice of Fruit Low Fat Milk	10 Baked Chicken Yellow Rice Broccoli Choice of Fruit Low Fat Milk	11 Pasta with Meat Sauce Or Meatballs Bread Stick Tossed Salad Choice of Fruit Low Fat Milk Thomas Edison's Birthday	12 Fish Fillet on Roll Potato Rounds Fresh Steamed Spinach Choice of Fruit Low Fat Milk Let the Olympic Games Begin
Bagel/Yogurt Plate OR Chef Salad OR Ham and Cheese Sandwich Pancake Week	15 Presidents' Day  No School	16 Galaxy Pizza Carrot Sticks/ Dip Choice of Fruit Low Fat Milk Elf Graham Crackers	17 Diced Turkey Rice/ Gravy Peas Choice of Fruit Low Fat Milk	18 Mozzarella Sticks Marinara Sauce Tossed Salad Choice of Fruit Low Fat Milk	19 Chicken Patty on Roll Potato Smiles Lettuce & Tomato Choice of Fruit Low Fat Milk
Bagel/Yogurt Plate OR Chef Salad OR Turkey Ham Sandwich	22 Popcorn Chicken Rice Broccoli with Cheese Sauce Choice of Fruit Low Fat Milk	23 Hot Dog on a Roll Potato Wedges Vegetable Sticks/Dip Choice of Fruit Low Fat Milk	24 Meatball Grinder Tossed Salad Choice of Fruit Low Fat Milk	25 Baked Chicken Macaroni & Cheese Green Beans Choice of Fruit Low Fat Milk	26 Jamaican Beef Patty or Teriyaki Chicken Tenders Coco Bread Corn Choice of Fruit Low Fat Milk
February 14th Chinese New Year The Year of the Tiger	February 28th Holi- Hindu Spring Festival Purim- Festive Jewish Holiday				